

MODUL		COURSE TITLE	Dietetics and diet management in noncommunicable diseases	ECTS	5
FACULTY COORDINATOR		DEPARTMENT	DEPARTMENT OF HUMAN NUTRITION AND HYGIENE		
TEACHER		dr inż. Magdalena Człapka-Matyasik, dr inż. Paulina Nowaczyk			
VOLUME (H)	45		PERSONAL WORK (H)	80	
LECTURE (H)	LAB (H)	PLACEMENT (H)	PROJECT (H)	OTHER MODALITIES (H)	
15	30	0	20	0	
EVALUATION			TEACHING METHODS		
EVALUATION MODALITIES		Multimedial lectures			
ORAL INDIVIDUAL REPORT	15%	Laboratory team exercises and seminars			
WRITTEN INDIVIDUAL REPORT	15%	written reports on laboratory exercises with group discussion			
FINAL ORAL EXAM		Teamwork in group project			
FINAL WRITTEN EXAM	70%				
COMMENTS OF EVALUATION					
SEMESTER (WINTER/SUMMER)		LANGUAGE			
summer		ENGLISH			
OBJECTIVES					
To have basic understanding of diet management, working with patients with diet management ,					
To learn basic abilities in diet planning					
CONTENTS					
1. Basic principles of diet planning, recommendation for nutrients intake, energy balance and RDA.					
2. Diet management in obesity/weight reduction therapy.					
3. Diet management in diabetes					
4. Diet management in dyslipidemias.					
5. Diet management in undernutrition					
Lab: Training in diet planning in obesity, diabetes, dyslipidemias.					
PRE-REQUISITES					