

MODUL	FOOD 3W.2	COURSE TITLE	DIETETICS - MEDICAL AND NUTRITIONAL IMPLICATIONS		ECTS	4
FACULTY COORDINATOR		prof.dr hab. Z.Krejpcio	DEPARTMENT	DEPARTMENT OF HUMAN NUTRITION AND HYGIENE		
TEACHER			DR HAB. MAGDALENA CZŁAPKA-MATYASIK, DR HAB.MED. MARCIN MARDAS			
VOLUME (H)		45		PERSONAL WORK (H)	50	
LECTURE (H)	LAB (H)	PLACEMENT (H)	PROJECT (H)	OTHER MODALITIES (H)		
45	0	0	0	0		
EVALUATION			TEACHING METHODS			
EVALUATION MODALITIES		Multimedial lectures, problematic discussion, case study.				
ORAL INDIVIDUAL REPORT	100%					
WRITEN INDYVIDUAL REPORT						
FINAL ORAL EXAM						
FINAL WRITTEN EXAM						
COMMENTS OF EVALUATION						
SEMESTER (WINTER/SUMMER)			LANGUAGE			
WINTER			ENGLISH			
<b>OBJECTIVES</b>						
<p>This course will provide an introduction to the fundamentals of dietetics and its connotations to medicine. Basing diet related diseases dietetic aspects of nutritional therapy will be discussed.</p> <p>At the and of the course students will be able to: understand the basic role of food, modification of diet, changing the mode of nutrition in the treatment of nutritionally dependent diseases. The subject nutritional diagnosis based on test results, medical recommendations, pharmacotherapy and nutritional</p>						
<b>CONTENTS</b>						
<ol style="list-style-type: none"> <li>1. Introduction to physiology and biochemistry in the normal and malnourished will be discussed.</li> <li>2. Malnutrition/Anorexia nervosa and bulimia nervosa, classification, diagnosis, treatment, recognition will be discussed.</li> <li>3. Obesity and diabetes mellitus will be debated and dietetics recommendations will be concluded.</li> <li>4. Nutrition and cancer, respiratory disease, parenteral nutrition/enteral nutrition dietary modifications and basic nutritional recommendations.</li> <li>5. Gastrointestinal diseases/diseases of the liver/diseases of the pancreas problems with diet balancing and planning.</li> <li>6. Renal disease/cardiovascular disease hyperlipidaemia/diseases of bone/food poisoning/food intolerance/allergy drugs and nutrition -macronutrients mo</li> <li>7. Inborn errors of metabolism - is the diet role in treatment?</li> </ol>						
PRE-REQUISITES		Human nutrition				