

MODUL	FOOD 3W.2	COURSE TITLE	NUTRITIONAL STATUS - CONTEMPORARY ANALYSES IN DIETETIC		ECTS	3
FACULTY COORDINATOR		prof.dr hab. Z.Krejpcio	DEPARTMENT	DEPARTMENT OF HUMAN NUTRITION AND HYGIENE		
TEACHER			DR HAB. MAGDALENA CZŁAPKA-MATYASIK			
VOLUME (H)		20		PERSONAL WORK (H)	50	
LECTURE (H)	LAB (H)	PLACEMENT (H)	PROJECT (H)	OTHER MODALITIES (H)		
0	20	0	0	0		
EVALUATION			TEACHING METHODS			
EVALUATION MODALITIES			Multimedial lectures			
ORAL INDIVIDUAL REPORT			Laboratory team exercises			
WRITTEN INDIVIDUAL REPORT		100%	written reports on laboratory exercises with group discussion			
FINAL ORAL EXAM						
FINAL WRITTEN EXAM						
COMMENTS OF EVALUATION						
SEMESTER (WINTER/SUMMER)			LANGUAGE			
WINTER			ENGLISH			
OBJECTIVES						
Tis course will provide an introduction to the methods in nutritional status evaluation.						
At the and of the course studens will be able to: evaluate nutritional status by elementary methods, interpretate it and qualified; They will be working in group						
CONTENTS						
1. Principles of nutritional status assessment – introduction .						
2. Body composition analysis: Plethysmography.						
3. Body composition analysis: Bioelectrical Impedance Analysis (BIA).						
4. Anthropometrical measurements: rules, methodology, measurements.						
5. Body composition analysis: DEXA.						
PRE-REQUISES			BASIC HUMAN NUTRITION			